



HEARTHSTONE MANOR
RESIDENTIAL CARE FACILITY

March



2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Programs are subject to change.	1 10:30 Exercise 2:15 Bingo Hour 3:30 Youtube Music	2 10:30 Balloon Game 1:00 Visits 2:30 Trivia Time	3 10:30 Scarf exercise 2:30 Card Game "Throw Away"	4 10:30 You tube Exercise 1:30 Baking Muffins	5 10:30 Bean Bag Toss 2:00 Movie Matinee My Fair Lady	6 10:30 Gospel Music 2:00 Movie on Netflix
7 1:00 Pet Visits Charlie and Mimi 1:30 Bingo with Zyan & Aaryan	8 10:30 Exercise 2:15 Bingo Hour 3:30 Youtube Music	9 10:30 Who am I? 1:00 Visits 2:30 Trivia Time 5:00 Pizza Dinner	10 10:30 Exercise 2:00 Painting 3:00 Coffee Time	11 10:30 Gospel Hour 1:30 Nail Care 3:00 Music Show	12 10:30 Therabands 1:00 Visits 2:30 Karaoke Janalee	13 10:30 Gospel music 2:00 Movie March of Penguins
14	15 10:30 Kick Ball 2:15 Bingo Hour 3:30 Youtube Music	16 10:30 Rm217 Singing 1:00 Visits 2:30 Trivia Time	17 10:30 Chair Dances 12:00 Special Lunch 2:00 Word Games	18 10:30 You tube Exercise 1:30 Kindness Group Activity	19 10:30 Bean bag Toss 1:00 Visits 2:30 Name that Tune	20 10:30 Gospel Music 2:00 Movie Resident Choice
21 1:00 Pet Visits Charlie and Mimi 1:30 Bingo	22 10:30 Exercise 2:15 Bingo Hour 3:30 Youtube Music	23 10:30 Tai Chi 1:00 Visits 2:30 Trivia Time	24 10:30 Balloon Game 2:00 Resident/ Family Meeting	25 10:30 Gospel Hour 1:30 Nail Care 3:00 Music Show	26 10:30 Therabands 1:00 Outside walks 2:30 Karaoke Janalee	27 10:30 Gospel Music 2:00 Movie Adia
28 1:00 Pet Visits Charlie and Mimi 1:30 Reading Circle	29 10:30 Exercise 2:15 Bingo Hour 3:30 Youtube Music	30 10:30 Rm217 Singing 12:00 Greek Lunch Travel to Greece 2:30 Trivia Time	31 10:30 Chair Dances 2:00 Movie Matinee Casablanca			